



### PERSONAL DETAILS

- Father's Name: Rajesh J
- Date of birth: 18/12/2000
- Gender: Female
- Marital status: Unmarried
- Nationality: India

### CONTACT

- 6362004794
- payalganathe@gmail.com

### SKILLS

- Product development
- Research and Development
- Food Processing and Preservation
- Nutritional analysis
- HACCP
- Food safety and Quality control
- Diet Planning
- Microsoft office excel

### STRENGTHS

- Communication
- Attention to detail
- Collaboration
- Adaptability and flexibility

### LANGUAGES

- Kannada
- English
- Hindi
- Marathi

# PAYAL R

## Food Technologist/Nutritionist

### EDUCATION

- Master of Science in Food Science and Nutrition – Completed at Yuvaraja's College (University of Mysore) in the year 2023 with CGPA of 8.66
- Bachelor of Science in CZF (Chemistry, Zoology, Food Science and Nutrition)- Completed at Mysore University in the year 2021 with 7.442
- Completed 2<sup>nd</sup> PUC in PCMB at Krishna PU College, Hassan in the year 2018
- Completed class 10<sup>th</sup> at CKS Girl's High School, Hassan in the year 2016

### INTERNSHIP

- Completed my internship on the Development and quality evaluation of Banana pseudo stem based RTC vermicelli mixes at Gandhi Krishi Vigyan Kendra, UAS, Bangalore for the period of (7 months) 02/06/2023 to 20/01/2024.
- Developed vermicelli from banana pseudo stem and standardized the method to prevent enzymatic browning during the processing of banana pseudo stem flour, gained hands on experience in food production, quality control, nutritional analysis and ensured product safety throughout six months of storage studies.
- Developed skills in Food preservation techniques, inventory management and process optimization during this valuable internship.

### CERTIFICATIONS

- Poster presentation on Development of *Centella asiatica* Enriched Weaning Food Using Barnyard Millet (*Echinochloa frumentacea*) Flakes at 54th Annual Conference of Nutrition Society of India 22 and 23 December, 2022, Hyderabad.
- Participated International Conference on Pharmaco-Vigilance, Pharmaceutical Care & Bio-Medical Research organized by Sarada Villas College of Pharmacy, Mysuru, Karnataka, India held on January 24-25, 2023 in association with Association of Community Pharmacists of India (ACPI), South India Branch on topic "Wound-healing activity of Rosemary (*Rosmarinus officinalis*)"
- Participated in Online presentation on "Anti-Diabetic Activity of *Rosmarinus officinalis*" at International Conference on Research trends, Strategies and Technical advancements in Biological and Biomedical Sciences for Sustainability on 14-15th December, 2022, Tiruchirappalli, Tamil Nadu.
- Published paper in the journal -"Microbiology: Recent Trends in Research Technology, Development and Future Aspects". Vol 2. (pp 1-11). Kripa-Drishti Publications, Pune- 41102. India (ISBN: 978-81-19149-44-5) on the topic Development and Quality Evaluation of Dosa prepared from Pearl millet Dosa (*Pennisetum glaucum*).
- Oral presentation in Kannada on topic ರೋಸ್ಮರಿ (ರೋಸ್ಮರಿನಸ್ ಅಫಿಷಿನಾಲಿಸ್) ಮಧುಮೇಹ ಪ್ರತಿಬಂಧಕ ಚಟುವಟಿಕೆಯ ಅಧ್ಯಯನ at 14th Akila Karnataka Vijnana Samelana, 8-9th September, 2022, Mysore, Karnataka.

Declaration: I hereby declare that the above furnished information is true to best of my knowledge.

Date :20/12/2024

Place : Hassan